



TIBISCUS UNIVERSITY OF TIMIȘOARA

DEPARTMENT FOR TEACHING STAFF TRAINING (DPPD)

**INSTITUTE OF PSYCHOTHERAPY, PSYCHOLOGICAL
COUNSELING AND CLINICAL SUPERVISION (IPCS)**

CONFERENCE PROGRAM



27 NOVEMBER 2025

Partners:

**Institute of Psychotherapy, Psychological
Counseling and Clinical Supervision**



**Carmen Sylva National Pedagogical
College, Timișoara**



Banat National College



Timiș County School Inspectorate



Teachers' Training Center Timiș



CJRAE Timiș



**Caraș-Severin County School
Inspectorate**



Teachers' House Caraș-Severin



CJRAE Caraș-Severin



Arad County School Inspectorate



**Teachers' Training Center
Arad**



CJRAE Arad



Babel High School



Timișoara Secondary School No. 27



ORGANIZING COMMITTEE

Prof. PhD. Radu RĂDUCAN	Tibiscus University of Timișoara
Lect. PhD. Daniela-Maria HOJDA	Tibiscus University of Timișoara Department for Teacher Training (DPPD)
Assoc. Prof. Sorin-Daniel VINTILĂ	Tibiscus University of Timișoara Department for Teacher Training (DPPD)
Assoc. Prof. Alina MORAR-ZAMOȘTEANU	Tibiscus University of Timișoara
Lect. PhD. Nicolae-Marian SEIMEANU	Tibiscus University of Timișoara
Lect. PhD. Adina TODEA	Tibiscus University of Timișoara Department for Teacher Training (DPPD)
Assist. Prof. Cristiana CREȚ	Tibiscus University of Timișoara Department for Teacher Training (DPPD)
Social worker Ramona NOVAK	Institute of Psychotherapy, Psychological Counseling and Clinical Supervision (IPCS)
Psychologist Mihaela PĂTCAȘ	Institute of Psychotherapy, Psychological Counseling and Clinical Supervision (IPCS)
Prof. Aura-Codruța DANIELESCU	Timiș County School Inspectorate
Prof. Lucian MICLĂU	Caraș-Severin County School Inspectorate
Prof. Marius-Sorin GONDOR	Arad County School Inspectorate
Prof. Mihaela-Dana IVAȘCA	Timiș Teachers' Training Center
Prof. Viorica GÂRTOI	Caraș-Severin Teacher Training Center
Prof. PhD. Diana-Adela REDEȘ	Arad Teachers' Training Center
Prof. Raluca-Maria CHIRȚAN	Timiș County Center for Educational Resources and Assistance
Prof. Liviu MOISE	Caraș-Severin County Center for Educational Resources and Assistance
Prof. Svetlana-Zagorka MILENCOVICI	Arad County Center for Educational Resources and Assistance
Prof. Oana-Patricia MICLĂU	"Carmen Sylva" National Pedagogical College Timișoara
Prof. PhD. Sorin-Gabriel IONESCU	Banat National College Timișoara
Prof. Marius CIMPOAE	Secondary School No. 27 Timișoara
Prof. Monica DIACONU	Babel High School

SCIENTIFIC COMMITTEE

Prof. PhD. Edward Clifton WATKINS Jr.	University of North Texas, USA
Prof. PhD. Chinaza ULEANYA	University of Johannesburg (UJ), South Africa
Prof. PhD. Maria SELIG	University of Regensburg, Germany
Assoc. Prof. PhD. Mihaela BUCIN	University of Szeged, Hungary
Prof. Habil. PhD. Remus RUNCAN	"Aurel Vlaicu" University of Arad
Prof. Habil. PhD. Mihaela GAVRILĂ-ARDELEAN	"Aurel Vlaicu" University of Arad
Prof. Habil. PhD. Loredana-Ileana VÎȘCU	"Tibiscus" University of Timișoara
Prof. Habil. PhD. Dana-Veronica RAD	"Aurel Vlaicu" University of Arad
Assoc. Prof. PhD. Ioana-Eva CĂDARIU	"Tibiscus" University of Timișoara
Assoc. Prof. PhD. Florentina-Anica PINTEA	"Tibiscus" University of Timișoara

OPENING OF THE CONFERENCE

27 NOVEMBER 2025

16.00-16.30	<p>OPENING SPEECH / BOOK PRESENTATION</p> <p>Rector of Tibiscus University in Timișoara <i>Prof. PhD. Radu RĂDUCAN</i></p> <p>Vice-Rector of Tibiscus University in Timișoara <i>Prof. PhD Habil. Loredana-Ileana VÎȘCU</i></p> <p>Director of DPPD <i>Lecturer PhD. Daniela-Maria HOJDA</i></p>
16.30-20.15	<p>WORKSHOP SESSIONS</p> <p>ONLINE (ZOOM) / IN PERSON ROOM 104 / 105 / 202 / TEACHING LABORATORY / 109</p> <p>Moderators:</p> <p>Prof. PhD. Radu RĂDUCAN Prof. PhD. Habil. Loredana-Ileana VÎȘCU, Prof. PhD. Habil. Dana-Veronica RAD Prof. PhD. Habil. Mihaela RUS Assoc. Prof. PhD. Ioana-Eva CĂDARIU Assoc. Prof. PhD. Lavinia-Maria NIȚULESCU Assoc. Prof. PhD. Florentina-Anica PINTEA Lect. PhD. Carmen-Mihaela VĂRĂȘTEANU Lect. PhD. Daniela-Maria HOJDA Lect. PhD. Alina - Cristina CONSTANTIN Lect. PhD. Adina TODEA Assist. Prof. Cristiana CREȚ Psychologist Adriana ROMAN Psychologist Gianina ȘADI Student Raluca BUGARIU</p>
20.15-20.30	<p>CONCLUSIONS</p>

SESSION 1, Teaching Laboratory, LIVE / ONLINE (ZOOM)

The same educational reform or...?

<https://us06web.zoom.us/j/89017983168?pwd=KEN7HuL1cBv0Z3VYaX7uNYAqHOrr9A.1>

Moderators:

Prof. PhD. Radu RĂDUCAN

Lect. PhD. Daniela HOJDA

Lect. PhD. Adina TODEA

Hours	Participant's first and last name	Title of paper
16.00-16.30	<p>Book presentation, Room 104-105</p> <p>https://us02web.zoom.us/j/84594613153</p>	
16.30-17.15	<p>Moderators:</p> <p><i>Prof. PhD. Radu RĂDUCAN</i> Rector of UTT</p> <p><i>Lect. PhD. Daniela-Maria HOJDA</i> Director of DPPD, UTT</p> <p><i>Lect. PhD. Adina TODEA</i> UTT</p> <p><i>Representatives of partner institutions</i></p>	<p>Workshop</p> <p><i>Motivations for becoming a teacher in the context of educational reform</i></p>
17.15-17.30	<p><i>Prof. PhD. Radu RĂDUCAN</i> Tibiscus University of Timișoara</p>	<i>Leadership in the mirror</i>
17.30-17.45	<p><i>Assoc. Prof. PhD. Daniel-Sorin VINTILĂ</i> Tibiscus University of Timișoara University of Regensburg, Germany</p>	<i>The Romanian language in the literature of Herta Müller</i>
17.45-18.00	<p><i>Prof. Svetlana Zagorka MILENCOVICI</i> Arad County Center for Educational Resources and Assistance</p>	<i>Bridges to inclusion - The role of the community in the integration of children with SEN</i>
18.00-18.15	BREAK	

18.15-18.30	<i>Lect. PhD. Daniela-Maria HOJDA</i> Tibiscus University of Timișoara	<i>Well-being in education, from communication to conflict resolution</i>
18.30-18.45	<i>Monica PĂREAN-TAMAȘ</i> Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Internet addiction in young people</i>
18.45-19.00	<i>Psychologist Iulia STAN</i> Institute of Psychotherapy, Psychological Counseling and Clinical Supervision <i>Gabriela DINU</i> Preschool Teacher, "Road to Success" Educational and Therapeutic Center, Craiova	<i>Educator-psychologist collaboration in managing children's emotions in the classroom</i>
19.00-19.15	<i>Psychotherapist Ramona NOVAK</i> Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>The dynamics of professional identity and its impact on well-being in the helping professions</i>
19.15-19.30	<i>Psychologist Daniela-Raluca ȚÎRC</i> Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Crystal generations: the balance between care and autonomy for children and young people</i>
19.30-19.45	<i>Prof. Monica DIACONU</i> Babel High School	<i>The teacher – the pedagogical charging station for children</i>
19.45-20.00	<i>Speech therapist Carmen-Aurelia DERBAC</i> Primăvara Inclusive Education School Center, Reșița Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Integrating children with autism into mainstream schools</i>
20.00-20.15	<i>Assoc. PhD. Prof. Ioana-Eva CĂDARIU</i> Tibiscus University of Timișoara. <i>Assoc. Prof. PhD. Lavinia-Maria NIȚULESCU</i> Babeș-Bolyai University, Cluj Napoca, Reșița University Center <i>Lecturer Alina-Cristina PhD. CONSTANTIN</i> Babeș-Bolyai University, Cluj Napoca, Reșița University Center, Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Growth mindset in the development of students' skills</i>
20.15-20.30	CONCLUSIONS	

SESSION 2, Room 109 – LIVE

Forms of education and inclusive education

Moderators:

Assoc. Prof. PhD. Lavinia-Maria NIȚULESCU

Lect. PhD. Alina-Cristina CONSTANTIN

Assist. Prof. Cristiana CREȚ

Hours	Participant's first and last name	Title of paper
16.00-16.30	<p style="text-align: center;">Book presentation, Room 104-105</p> <p style="text-align: center;">https://us02web.zoom.us/j/84594613153</p>	
16.30-16.45	<p><i>Ionela GAL</i> Institute of Psychotherapy, Psychological Counseling and Clinical Supervision (IPCS)</p>	<p><i>Education as an ecosystem: uniqueness and integrity in the 21st century</i></p>
16.45-17.00	<p><i>Assoc. Prof. Phd. Sonia IGNAT</i> Aurel Vlaicu University of Arad</p>	<p><i>The role of Emotions and Family Climate in Fostering Flexibility in Children</i></p>
17:00-17:15	<p><i>Raluca-Teodora GÂRBAN</i> Primary School Teacher, "Aurora" Inclusive Education School Center in Reșița</p>	<p><i>Educational partnership projects and their importance in educating children with SEN</i></p>
17:15-17:30	<p><i>Viorica-Alina SÂRBU</i> Primary school teacher, Aurora Inclusive Education Center in Reșița</p>	<p><i>The involvement of special education teachers in preventing school dropout among students with SEN</i></p>
17.30-17.45	<p><i>Maria BEUL</i> Babeș-Bolyai University, Cluj Napoca, Reșița University Center</p>	<p><i>The impact of social media on young people in contemporary society. Strategies and programs</i></p>
17.45-18.00	<p><i>Adelina-Dorotheea ANGHEL</i> <i>Maria DRĂGOI</i> <i>Ionela-Anamaria ROȘETI</i> Babeș-Bolyai University Cluj Napoca, Reșița University Center</p>	<p><i>Magic words in politeness education</i></p>
18.00-18.15	BREAK	
18.15-18.30	<p><i>Nicola BAUMHAUER</i> <i>Lois ȘEST</i> Babeș-Bolyai University Cluj Napoca, Reșița University Center</p>	<p><i>The impact of formal, non-formal, and informal education on the integrated development of children</i></p>
18.30-18.45	<p><i>Rebeca-Naomi BĂRBOI</i> Babeș-Bolyai University Cluj Napoca, Reșița University Center</p>	<p><i>Lifelong learning</i></p>

18.45-19.00	<i>Roxana CHICU</i> Babeş-Bolyai University Cluj Napoca, Reşiţa University Center	<i>The role of self-education in promoting lifelong learning</i>
19.00-19.15	<i>Liliana MUCIONIU</i> Tibiscus University of Timişoara Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Psychoeducation in ambiguous losses</i>
19.15-19.30	<i>Diana RAŢĂ</i> Babeş-Bolyai University Cluj Napoca, Reşiţa University Center	<i>Drawing – a means of communicating emotions among preschoolers</i>
19.30-19.45	<i>Nicoleta TEODOROVICI</i> Babeş-Bolyai University Cluj Napoca, Reşiţa University Center	<i>Celebrations – a space for expression and integration for preschool children</i>
19.45-20.00	<i>Bianca-Vanessa CULDA</i> PhD candidate, Interdisciplinary Doctoral School, Social Work, Aurel Vlaicu University of Arad, <i>Prof. Mihaela Gavrilă-ARDELEAN</i> PhD, Interdisciplinary Doctoral School, Social Work, "Aurel Vlaicu" University of Arad <i>Serge Moscovici</i> European Institute	<i>Inclusive education in the 21st century: between social policies, educational practices, and the realities of adolescents with mental health disorders</i>
20.00-20.15	<i>Oana PÎRVULESCU</i> , PhD candidate, Interdisciplinary Doctoral School, Social Work, "Aurel Vlaicu" University of Arad, <i>Prof. Mihaela Gavrilă-ARDELEAN</i> , PhD, Interdisciplinary Doctoral School, Social Work, "Aurel Vlaicu" University of Arad <i>Serge Moscovici</i> European Institute	<i>Social work in the face of crisis: interventions and effects on the quality of life of older adults during the pandemic</i>
20.15-20.30	CONCLUSIONS	

SESSION 3, Room 202 – LIVE/ONLINE

Educational coaching

<https://us06web.zoom.us/j/82112986206?pwd=jbWTlQdy3koby9ZxzJyd4l0QuT9FDF.1>

Moderators:

Psychologist: Adriana ROMAN

Psychologist: Gianina ȘADI

Student: Raluca BUGARIU

Hours	Participant's first and last name	Title of the paper
16.00-16.30	<p style="text-align: center;">Book presentation Room 104-105 https://us02web.zoom.us/j/84594613153</p>	
16.30-16.45	<p><i>Prof. PhD. Claudia-Livia PAU</i> Babeș-Bolyai University, Cluj Napoca, Reșița University Center,</p>	<p><i>Challenges and limitations in the implementation of human rights and anti-discrimination strategies in the public sector.</i></p>
16.45-17.00	<p><i>Adriana ROMAN</i> Tibiscus University of Timișoara Institute of Psychotherapy, Psychological Counseling and Clinical Supervision (IPCS)</p>	<p><i>Self-acceptance as an element of wellbeing for education professionals</i></p>
17.00-18.00	<p><i>Raluca BUGARIU</i> Tibiscus University of Timișoara <i>Adriana ROMAN</i> Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)</p>	<p style="text-align: center;">WORKSHOP: <i>Coaching as a resource in educational practice</i></p>
18.00-18.15	BREAK	
18.15-19.15	<p><i>Gianina ȘADI</i> Tibiscus University of Timișoara Institute for Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)</p>	<p style="text-align: center;">WORKSHOP <i>Performance—between psychology and coaching as balance, validation, and resilience</i></p>
19.15-20.15	<p><i>Adriana ROMAN</i> Tibiscus University of Timișoara Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)</p>	<p style="text-align: center;">WORKSHOP: <i>The role of transpersonal coaching in leadership development and stress reduction in an educational context</i></p>
20.15.-20.30	CONCLUSIONS	

SESSION 4, Room 104-105 – ONLINE (ZOOM)/In-person

Psychosocial dynamics in education and social work

<https://us02web.zoom.us/j/84594613153>

Moderators:

Assoc. Prof. PhD. Ioana-Eva CĂDARIU

Prof. Habil. PhD. Dana-Veronica RAD

Hours	Participant's first and last name	Title of paper
16.00-16.30	Book presentation Room 104-105 https://us02web.zoom.us/j/84594613153	
16.30-16.45	<i>Prof. PhD. Chinaza ULEANYA</i> University of Johannesburg (UJ), South Africa	<i>Towards postdigital learning: Utopia or dystopia</i>
16.45-17.00	<i>Prof. PhD. Habil. Dana-Veronica RAD</i> <i>Assist. Prof. Gavril RAD</i> Center for Research Development and Innovation in Psychology, Aurel Vlaicu University of Arad	<i>From Mind to System: Entangled Autopoiesis as a Bridge Between Psychotherapy, Neuroscience, and Educational Innovation</i>
17.00-17.15	<i>Assoc. Prof. PhD. Habil. Tiberiu DUGHİ</i> <i>Lect. PhD. Dana DUGHİ</i> Aurel Vlaicu University of Arad <i>Early education teacher Emilia MODRIGAN</i> Floarea Extended Daycare Center - Soarelui in Reșița	<i>Psychosocial perspectives on parenting styles in relation to the socio-emotional development of the child</i>
17.15-17.30	<i>Masterand Laura ANTON</i> Aurel Vlaicu University of Arad <i>Prof. Habil. PhD. Remus RUNCAN</i> Aurel Vlaicu University of Arad	<i>The evolution of the legislative framework for child protection in Romania: from the communist regime to the present day</i>
17.30-18.00	<i>Prof. Habil. PhD. Radu NICOLAE</i> ARACIS Expert	<i>The significance of the cuboid model in the selection of personnel for special missions</i>

18.00-18.15	BREAK	
18.15-18.30	<i>Prof. PhD. Habil. Felicia ANDRIONI,</i> University of Petroșani	<i>Education in social work—between theory and practice: an immersion in contemporary reality</i>
18.30-18.45	<i>Lect. PhD. Habil. Marius MARICI</i> Ștefan cel Mare University of Suceava	<i>The role of motivational interviewing in guiding couples with serious relationship problems toward accepting specialized help</i>
18.45–19.00	<i>Prof. PhD. Ana VASILE</i> Tibiscus University of Timișoara	<i>Considerations regarding the responsibilities of local public administration authorities in the field of child rights protection</i>
19.00-19.15	<i>Lect. PhD. Carmen PÎRVULESCU</i> Tibiscus University of Timișoara	<i>Considerations regarding the disciplinary responsibility of teaching staff in education</i>
19.15-19.30	<i>PhD candidate Alin HORVATH</i> Interdisciplinary Doctoral School of Aurel Vlaicu University of Arad <i>Prof. PhD. Habil. Mihaela GAVRILĂ</i> ARDELEAN, Interdisciplinary Doctoral School of Aurel Vlaicu University of Arad, Serge Moscovici Institute	<i>The role of social workers in managing stress and psychosocial balance in competitive athletes</i>
19.30-19.45	<i>Assoc. Prof. Habil. PhD. Alina COSTIN</i> Aurel Vlaicu University of Arad	<i>Education through a social lens: Toward inclusive and equitable societies</i>
19.45-20.00	<i>Prof. PhD.Habil Mihaela RUS,</i> Ovidius University of Constanța	<i>Integrating digital technologies into education: theoretical and practical implications</i>
20.00-20.15	<i>Assoc. Prof. PhD. Ioana-Eva CĂDARIU</i> <i>Prof. Habil. PhD. Mihaela GAVRILĂ-ARDELEAN, GLORIA GAVRILĂ-ARDELEAN</i> Aurel Vlaicu University of Arad, <i>Serge Moscovici</i> European Institute	<i>Social inclusion of young people in vulnerable situations</i>
20.15-20.30	CONCLUSIONS	

SESSION 5 – ONLINE (ZOOM)

Professional identity in education and social work

<https://us06web.zoom.us/j/78375568801?pwd=6TxzbxVvpqKOsVRSxpQcjNhJF13wYz.1>

Moderators:

Prof. PhD. Habil. Mihaela RUS

Lect. PhD. Carmen-Mihaela BĂICEANU

Prof. Habil. PhD. Loredana-Ileana VÎȘCU

Assoc. Prof. PhD. Florentina-Anica PINTEA

Hours	Participant's first and last name	Title of paper/workshop
16.00-16.30	Book presentation https://us02web.zoom.us/j/84594613153	
16.30- 16.45	<i>Lect. PhD. Carmen-Mihaela BĂICEANU</i> <i>Prof. Habil. PhD. Mihaela RUS</i> Ovidius University of Constanța Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Organizational culture and professional development of teachers: psychosocial correlations</i>
16.45-16.30	<i>Lect. PhD. Carmen-Mihaela BĂICEANU</i> <i>Prof. Habil. PhD. Mihaela RUS,</i> Ovidius University of Constanța Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Meeting with the professional self: between role, contact, and awareness</i>
16.30-16.45	<i>Adriana CNEJEV</i> Professor of Special Psychopedagogy, CSEI "Constantin Pufan" Timișoara <i>Lect. PhD. Amalia MARINCA</i> Tibiscus University of Timișoara	<i>Attachment in the digital age and the impact of social media use on adolescents—a psychosocial perspective in education</i>
16.45-17.00	<i>Lect. PhD. Amalia MARINCA</i> Tibiscus University of Timișoara	<i>Positive and negative aspects of social media use by pupils and students. Educational implications</i>
17.00-17.15	<i>Lect. PhD. Nicolae-Marian SEIMEANU</i> Tibiscus University of Timișoara	<i>The Methodical Office – the Link Between Traditional and Modern Education</i>

17.15-17.30	<i>Monica PUŞKAS-VIZITEU</i> Social Worker, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision (IPCS)	<i>The Social Worker in Education: Agent of Change for Student Success</i>
17.30-17.45	<i>Assoc. Prof. PhD. Ioana-Eva CĂDARIU</i> Tibiscus University of Timișoara <i>Gloria GAVRILĂ-ARDELEAN</i> Aurel Vlaicu University of Arad,	<i>Educational experiences and challenges in developing the professional identity of social workers</i>
17.45-19.00	<i>Prof. PhD .Habil. Mihaela RUS</i> <i>Lecturer PhD. Carmen-Mihaela BĂICEANU</i> Ovidius University of Constanța Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	WORKSHOP <i>Teaching residency and the socio-emotional skills of novice teachers</i>
19.00-19.15	<i>Assoc. Prof. PhD. Florentina-Anica PINTEA</i> Tibiscus University of Timișoara	<i>The impact of ICT use on the quality of informal education</i>
19.15-19.30	<i>Prof. Habil. PhD. Loredana-Ileana VÎȘCU</i> Tibiscus University of Timișoara	<i>Theoretical integration of supervision models in social work</i>
19.30-19.45	<i>Assoc. Prof. PhD Sabin CHIȘ</i> <i>Lect. PhD. Roxana-Mariana CHIȘ</i> Aurel Vlaicu University of Arad	<i>The relationship between educational level, personality traits, and attitudes towards sustainable development</i>
19.45-20.00	<i>Prof. Habil. PhD. Dana-Veronica RAD</i> <i>Assist. Prof. PhD. Gavril RAD</i> Center for Research Development and Innovation in Psychology, Aurel Vlaicu University of Arad	<i>Beyond Metrics: Synthetic Emotions and the Challenge of Measuring Affective Dimensions in Contemporary Education</i>
20.00-20.15	<i>Andreea VERONA</i> Tibiscus University of Timișoara Institute of Psychotherapy, Psychological Counseling, and Clinical Supervision (IPCS)	<i>Attachment, support, and self-esteem as factors influencing adolescent education</i>
20.15-20.30	CONCLUSIONS	